



## Pre ICCAS Activities - ON CAMPUS

Title	Short teaser	Content	Timing	Catering	Price Euro	Code
Small digital food devices - big potentials	Want to learn about the potentials of smart ICT devices to collect data on food intake and to provide new experimental environments?	Get an overview of cutting edge technology in 5 of the leading European behavioral food labs, meet some of the Richfields researchers and see a demo of the ICT assisted imaging technology based Dietary Intake Monitoring System and experience the Virtual Supermarket and its potential for studying food behavior “in vitro”.	Morning 9:00 - 12:45	Lunch	75	SYMP1
Taking your doctoral research further - PhD Scholars and Early Career Researchers	You want to get inspiration on your research question and choice of conceptual foundation from experienced scientists.	This is a Workshop for PhD Scholars and Early Career Researchers. Submit in advance your research question and your conceptual/theoretical foundation and get feedback from professors engaged in culinary arts and sciences from around the world. The aim is to bring PhD scholars and early career researchers in the field of culinary arts and science together and exchange approaches to development of research questions and selection of conceptual framework. The workshop is mentored by a team of distinguished professors from around the world: Karin Wendin, Caroline Ritchie and Heather Hartwell and Charles Feldman.	Afternoon 13.00-16.00	Coffee & fruit	30	SYMP2
As times goes by - food for the elderly	Want an update on recent research on eating and nutrition in the 3rd age has become an important topic.	Ageing of societies is one of modernity's grand challenges. And eating and nutrition in the 3rd age has become an important topic. In this symposium we look at the factors that influence food consumption and nutritional status of this important demographic group. The effects of ageing on food choice will firstly be discussed, followed by the presentation of the methodology developed and applied in PRONUTRISENIOR, a research project carried out in a community in northern Portugal. This project's holistic approach to the elderly living in the community aimed to unveil the relevance of food and eating to the elderly quality of life and satisfaction with food-related life. The available nutrition recommendations and dietary guidelines for 65+ years people will be presented and discussed. Finally, how to put the recommendations into practice will be addressed by the examples of food classes for the elderly	Morning. 9:00 - 12:45	Lunch	75	SYMP3
Togetherhness and food - commensality and eating.	What role eating together play when developing the right solutions for eating in all age groups. Learn more in this symposium arranged by a leading Swedish research group.	This symposium aims to explore the importance of commensality in the past and the present and starts in ancient history and the dead sea scrolls and Greek archaeological findings, continues with present time and discusses commensality in elderly care in Portugal and Sweden and among school children and beyond in Sweden. A final discussion on dietary guidelines is included. This symposium is arranged by the commensality network at Uppsala University, chaired by Professor Agneta Yngve, Department of food, nutrition and dietetics, Uppsala University, Sweden	Afternoon 13.00-16.00	Coffee & fruit	50	SYMP4