



Kristianstad  
University  
Sweden

Case from Sweden I:

# Food and Meal science – a part of academic life

# Kristianstad University

- Kristianstad University was founded in 1977
- Approximately 13,000 students and 500 employees
- A total of 40 programmes and 630 courses



# Food and Meal Science

An interdisciplinary research and education field at Kristianstad University with a vision to create a sustainable and healthy society.

A multidisciplinary field based on three scientific areas:

- Food Science
- Nutrition and Health
- Food Culture and Communication



# Two different educations

- MSc in Subject Education, Teachers in home and consumer studies
- BSc in Food and Meal Science “Gastronomists”



# BSc in Food and Meal Science

The program has been running since 2004.

Based on the three scientific fields  
complemented by:

*Science, Craftsmanship and Creativity*

Theory is turned into practice through  
laborative exercises and working life  
placements



# Resources

- Educational kitchen
- Sensory laboratory, 16 booths
- Small adjacent food quality laboratory



# What engages the students?

The bachelor theses typically deal with:

- Public meals (for children, elderly or at workplaces)
- Culture and communication of food and meals
- Product development
- Issues connected to food and health



# Choice of topic, bachelor theses food- and meal science 2012-2015





# What becomes of the students?

- Approximately 25 gastronomists graduate yearly
- Find work opportunities within industry, eg innovations and product development and within the public meal sector.



# The future.....

- Development of a Master´s degree programme for students interested in higher education
- Internationalization by courses taught in English
- Very open to Nordic and other research and education collaborations



# Thank you for your attention!

*The research group MEAL at Kristianstad University, Sweden*

*Maria Nyberg*

*Anna Bryntorp*

*Andreas Håkansson*

*Karin Höjjer*

*Viktoria Olsson*

*Elisabet Rothenberg*

*Hanna Sepp*

*Karin Wendin*



<http://www.hkr.se/meal-en>

