




Graduate & PhD Course
 Measuring Dietary Behaviour the intelligent way
 Fudan University, Shanghai
 November 23-25, 2015

Tracking PA and dietary behavior with wearable camera technologies

Bent Egberg Mikkelsen,
 Professor, Aalborg University



CAPTIVE FOODSCAPE STUDIES
 TECHNICAL FOOD PROJECTS

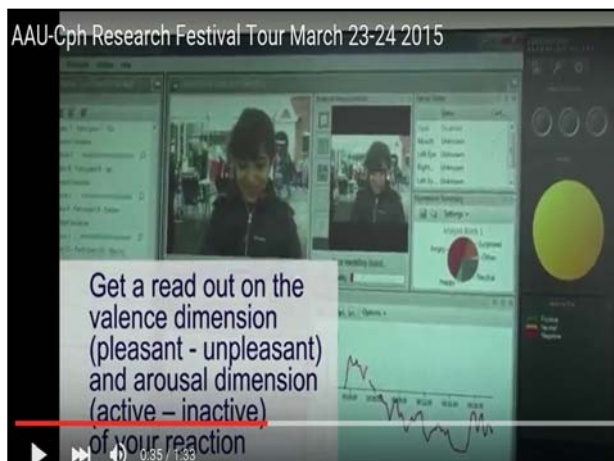
Last time

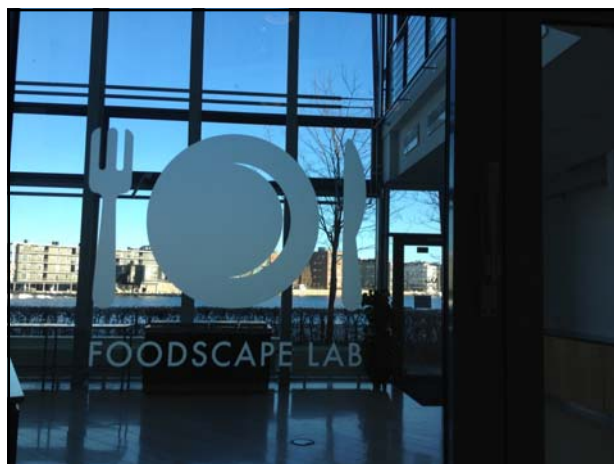


Training & Research Course
 ICT Assisted Methods for Measuring Diet & Behaviour
 in Complex Foodscapes
 August 24-27, 2015
 Aalborg University

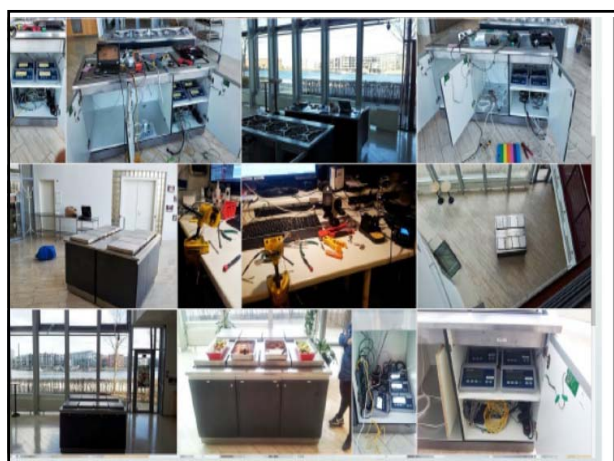
<https://www.youtube.com/watch?v=-8h7NTDT4pQ&feature=youtu.be>







Eat area overhead cam



SenseCam & Meal Snap

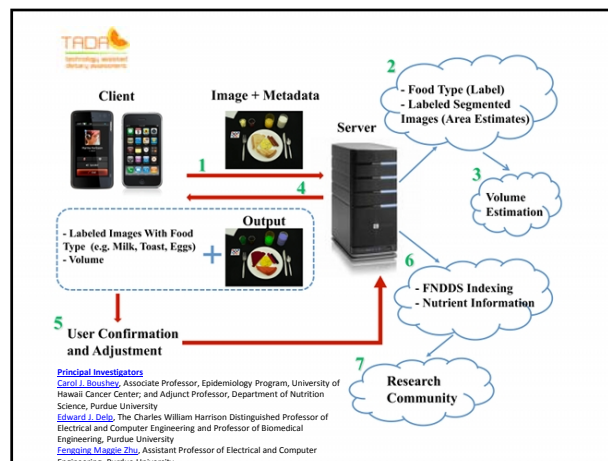
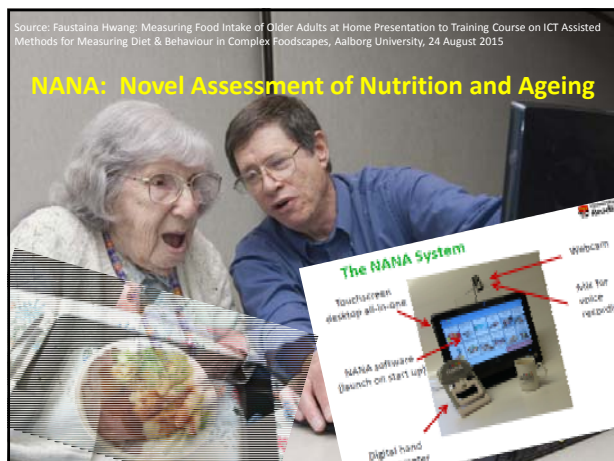
MEAL SNAP

Meal Snap

dailyburn

So, how does it work? While the company calls it up to "magic", we're assuming they're getting a handful of people (as it through Amazon's Mechanical Turk, or a room full of data processors) free internet in exchange for taking pictures of food. Snap a photo of a chicken salad? They point to some chicken, some lettuce, they're got a rough estimate. Is it a precise science? Hardly. Even in the screenshot above, you can see that there are some pretty wild variations. A "small handful of cashew", for example, comes back as being anywhere from 100 to 500 calories. Still, having some idea of what you're taking in is still far better than not having any idea at all. You can find MealSnap on the App Store for \$2.99 [Link here](#) or on the Google Play for \$2.99 [Link here](#).

Gemming, et al., Eur J Clin Nutr (2013) 67, 1095-1099; Arab et al., Eur J Clin Nutr, 2011, 65(10):1156-1162,

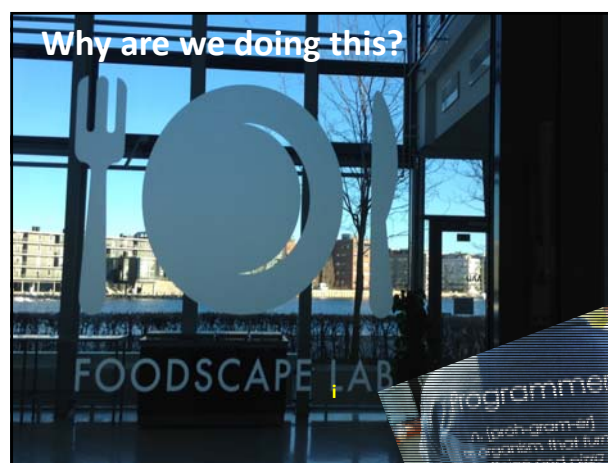


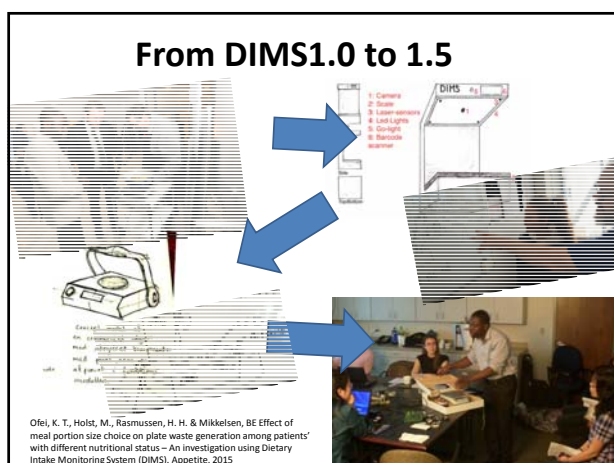
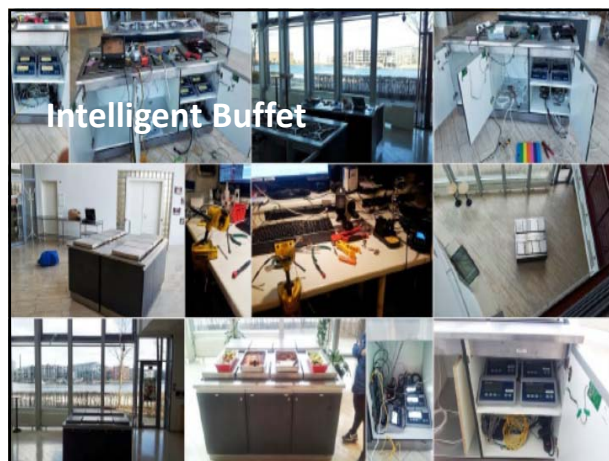
Other systems

- ASA24 – Automated Self Administered 24hr
- TADA: Technical Assisted Dietary Assessment
- Diet Data Recorder System (DDRS)
- Smart Plate
- Smart Fork
- TelSpec

<http://www.tadaproject.org/>

New technology in dietary assessment: A review of digital methods in improving food record accuracy, Stumbo, P. *Proceedings of The Nutrition Society* 02/2013; 72(1):70-6





Inviting for co-creation

view case

Identification	Pre-weight	Post-weight	Time span	Pre-date	Post-date	IDE
7658850C	15 g	73 g	58 s	2015-08-25 20:43:37	2015-08-25 20:43:48	49 / 50


Pre-pictures (73 g) Post-pictures (58 g)



Output mode

	Weight	Energy	Protein	Carbon eqv	Price
	grammes	kcal	Grammes	Grammes	DKK
Pre-serve					
Post-serve					
Waste					

DIMS ver. 2.5



Measuring behaviour

"we know where you are and what you eat"



Haga&rdckalen

Tracking eye movement

- <https://theeyetribe.com/>



Measuring skin conductivity



Measuring brain response



99
USD

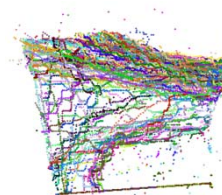


Intelligent buffet dynamics Researcher Festival Spinderiet



Heat mapping the food choice dynamics at the buffet. Rikke Gade, PhD student, Aalborg University, Training & Research Course, ICT Assisted Methods for Measuring Diet & Behaviour in Complex Foodscapes, August 24-27, 2015, Aalborg University

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Illustrative methods to uncover the dynamics of foodscapes

Take home messages



- Consider carefully the "development" efforts
- It goes from your datacollection efforts
- Test it carefully, Battery, WiFi, Security etc
- Team up with somebody
- Dont forget: there is a lot of signals out there
- But are they signs of what you think they are?



Stay Tuned
**Stay updated on Food & Devices in
our Special Interest Group. Join
[here](#)**

About

- Personal web site:
<http://personprofil.aau.dk/119690?lang=en>
- Linked in: <http://dk.linkedin.com/pub/bent-egberg-mikkelsen/7/713/13b>
- ResearchGate:
http://www.researchgate.net/profile/Bent_Mikkelsen
- Mail: bemi@dcm.aau.dk