

ISBNPA 2017 Symposium

**Intensity & Sustainability in
Multi-Level Multi Component
community programs –
insights from 3 continents**

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Soon celebrating
5y anniversary



| When | Where | Symposium title |
|------|-------------|---|
| 2014 | San Diego | Multi-institutional approaches to community based nutrition interventions |
| 2015 | Edinburgh | Measurement and Evaluation of Multi-level Multi-Component Community Based Health Interventions |
| 2016 | Capetown | Impact of multi-level, multi-component (MLMC) interventions to improve food intake and active living and decrease prevalence of obesity: Process evaluation and preliminary results |
| 2017 | Victoria BC | Intensity & Sustainability in Multi-Level Multi Component community programs – insights from 3 continents |
| 2018 | Hong Kong? | |

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Multi-Level, Multi-Component Approaches to Community Based Interventions for Healthy Living—A Three Case Comparison

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Purpose

To present new insight into the crucial factors of

- Planning
- Program development
- Implementation affecting program intensity and sustainability.

Program

| Order | Topic | Who | Timing min |
|-------|--|--------------------------------|---------------|
| 1 | Introduction to the symposium | Bent Egberg Mikkelsen | 10 |
| 2 | B'More Healthy Communities for Kids: Program Impacts and Sustainability | Joel Gittelsohn | 18 |
| | Questions, answers and new speaker | Joel Gittelsohn | 2 |
| 3 | Sustained and Evolved Children's Healthy Living (CHL) Program Impacts | Rachel Novotny | 18 |
| | Questions, answers and new speaker | Rachel Novotny | 2 |
| 4 | Designing ML-MC Community Programs -- from Problem based to a People & Place based approaches. Insights from the SoL, Health & Local Community and Campus & Community Programs | Bent Egberg Mikkelsen | 18 |
| | Questions, answers and new speaker | Bent Egberg Mikkelsen | 2 |
| 5 | Discussion. This is a general discussion between presenters and attendants moderated by the discussant | Rachel Novotny Joel Gittelsohn | 18 |

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